



HOW DECISIONS ARE MADE

Informed Choice and Practice Disclosure

A public summary of the values, responsibilities, boundaries, and communication that support a trusting midwifery relationship.

Public education only. This guide is not a diagnosis, medical order, emergency service, or substitute for individualized consent and clinical assessment.

The purpose of disclosure

- Before care begins, families should understand the midwife's education, credential, experience, services, fees, availability, scope, consultation relationships, and limits.
- Questions are welcomed. Agreements are documented so expectations are clear and trust can grow through honest communication.

Julia's philosophy

- Birth is instinctual, intimate, and remarkable. Julia supports each family's choices, respects autonomy, honors holistic practices, and pairs traditional wisdom with careful observation and referral when needs fall outside her scope.

The midwife's responsibilities

- Provide competent, respectful, confidential, continuity-based care for essentially healthy clients and newborns.
- Maintain records, participate in continuing education and peer review, prepare equipment, arrange backup, and discuss consultation and transport before labor.
- Explain findings and options, obtain informed consent, and recommend referral or transfer when appropriate.

The client's responsibilities

- Share accurate health information, participate in recommended assessment, ask questions, communicate changes promptly, prepare the home and supplies, and collaborate on an emergency plan.
- Honor financial agreements and understand that outside laboratory, imaging, physician, ambulance, and hospital charges may be separate.
- Remain willing to reconsider the plan when new information or safety concerns arise.

Important: The signed clinical disclosure and consent forms are provided directly by Julia and completed after individualized discussion. They are not submitted through the public website.



Questions for your next visit

Use the space below to write questions, preferences, or details you want to discuss privately with your care team.
